



# Digital Citizen

Someone who uses technology safely and responsibly





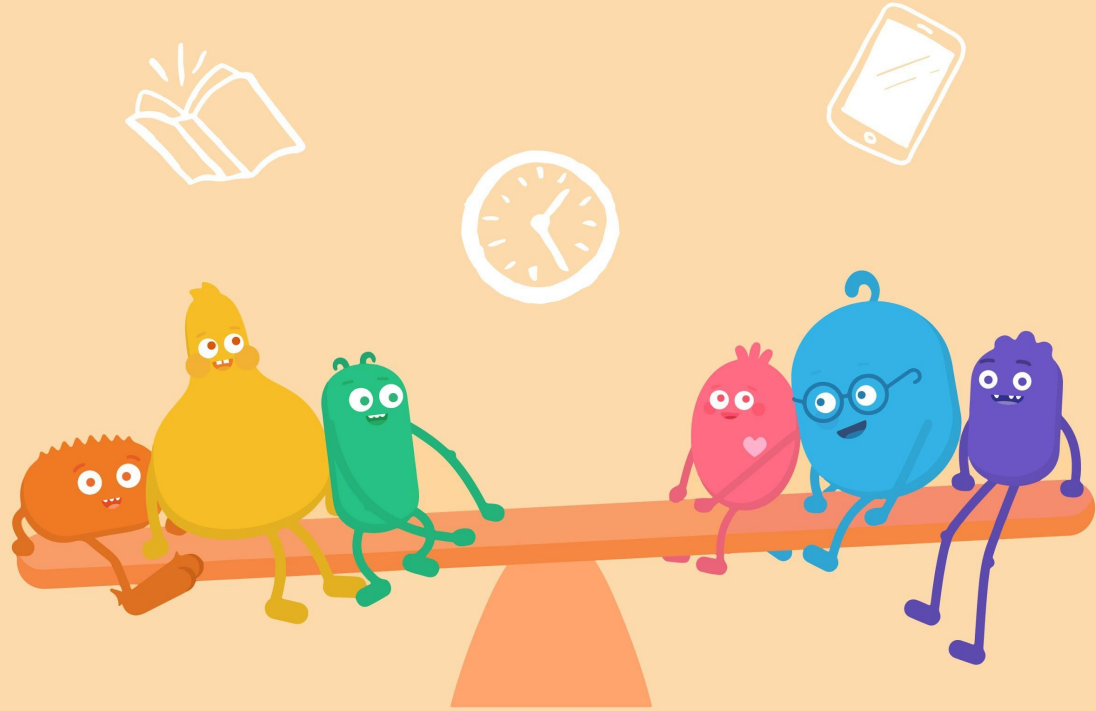
INTRODUCTORY SONG

DIGITAL CITIZENSHIP | GRADE K

# Media Balance Is Important

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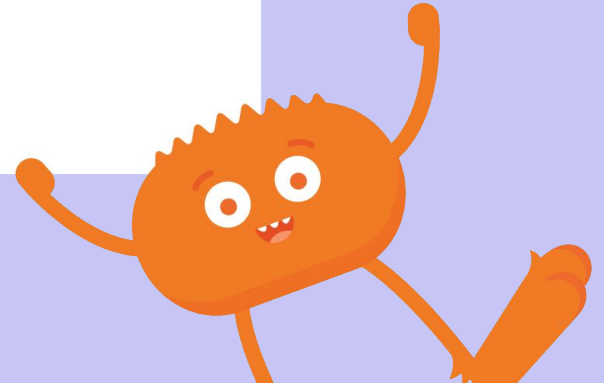
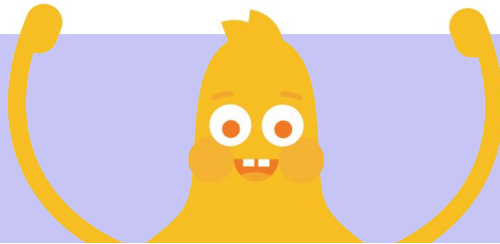
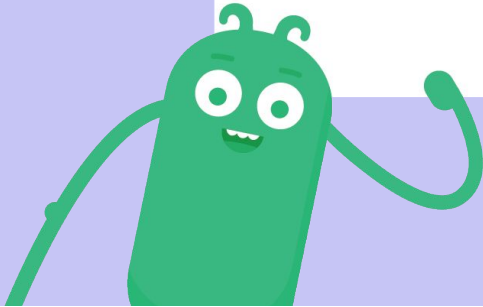
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# MEDIA BALANCE



How do we find a  
happy balance between  
our online and offline  
activities?





REFLECT

Have you ever had the feeling  
that you've spent too much time using  
a device like a phone, tablet, or computer?



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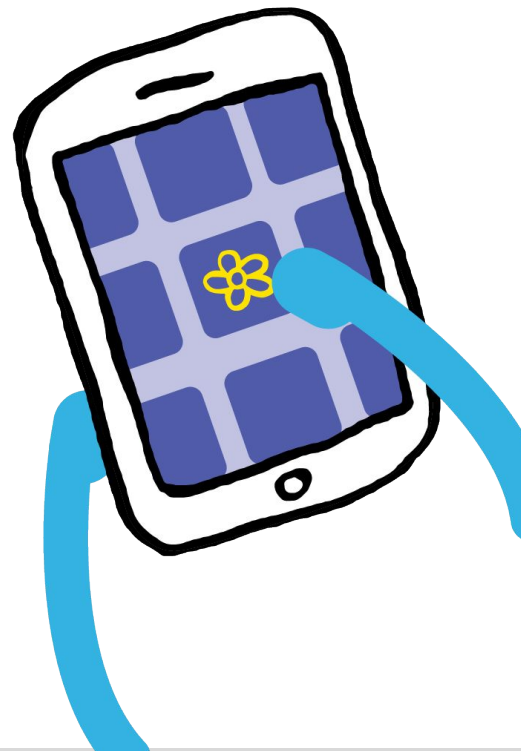


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# Device

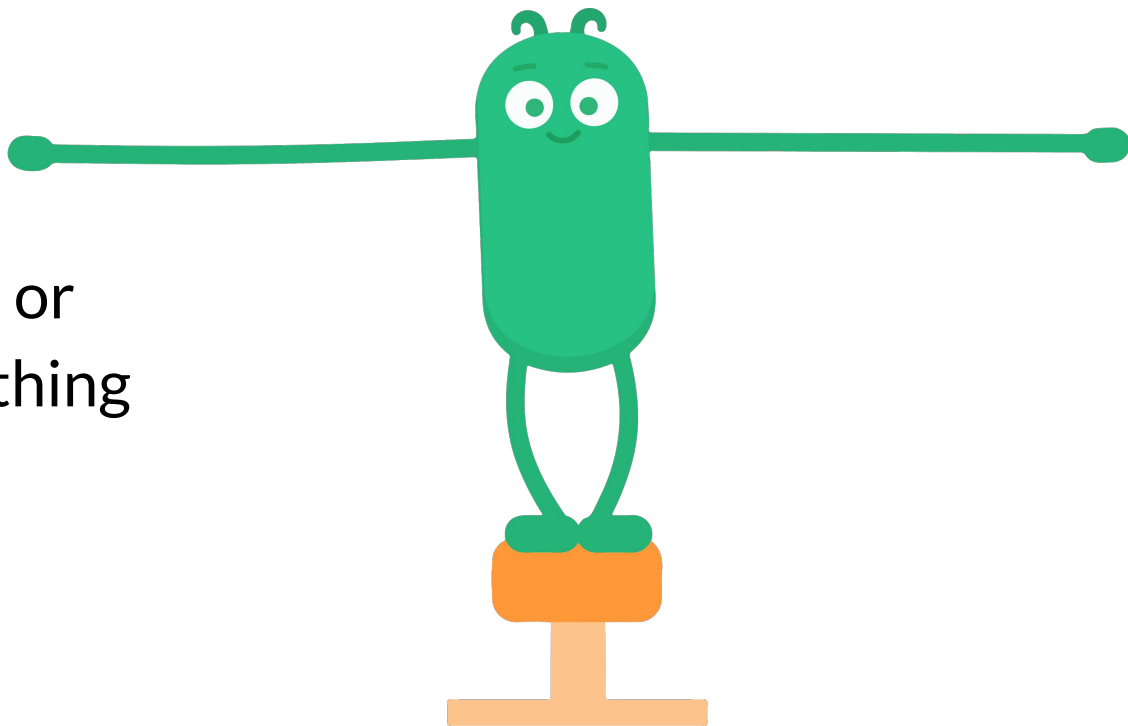
An electronic piece of equipment like a phone, tablet, or computer





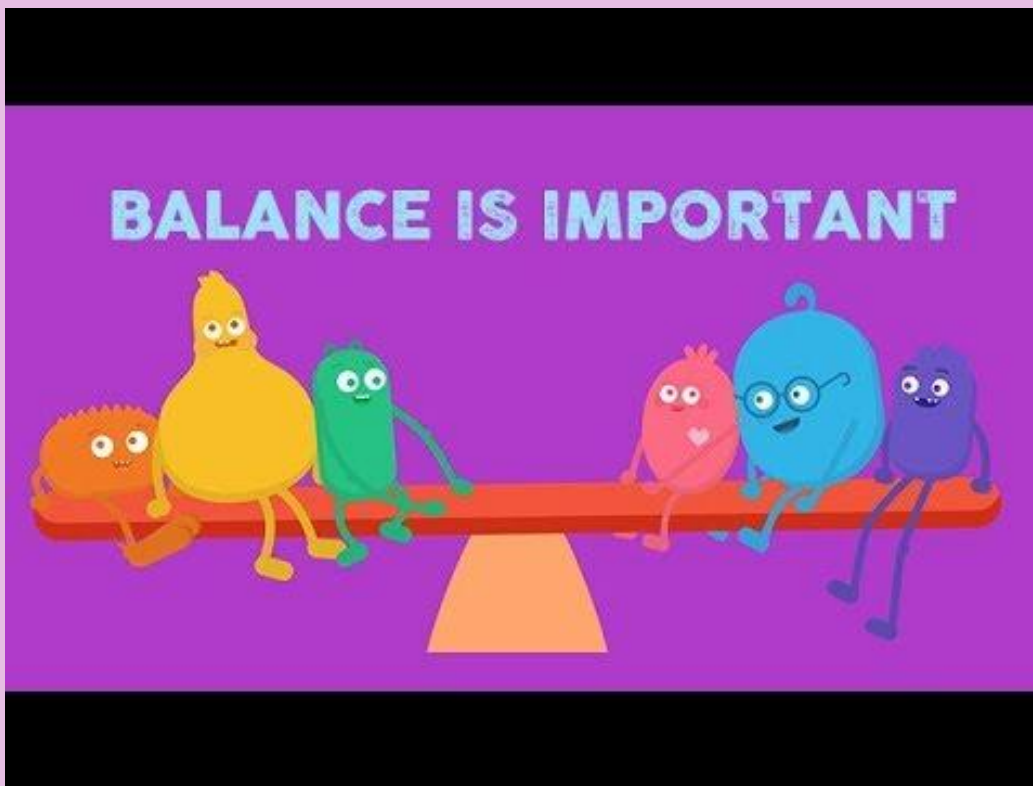
# Balance

Having equal weight or importance of something





WATCH



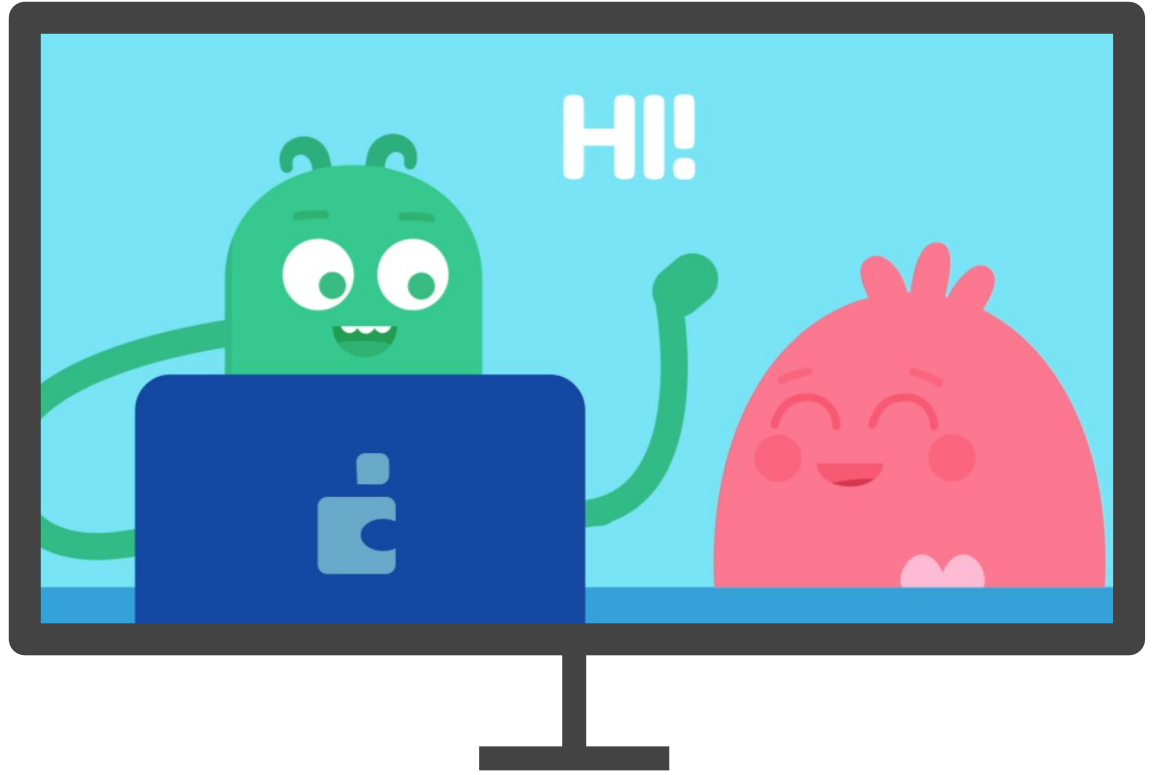
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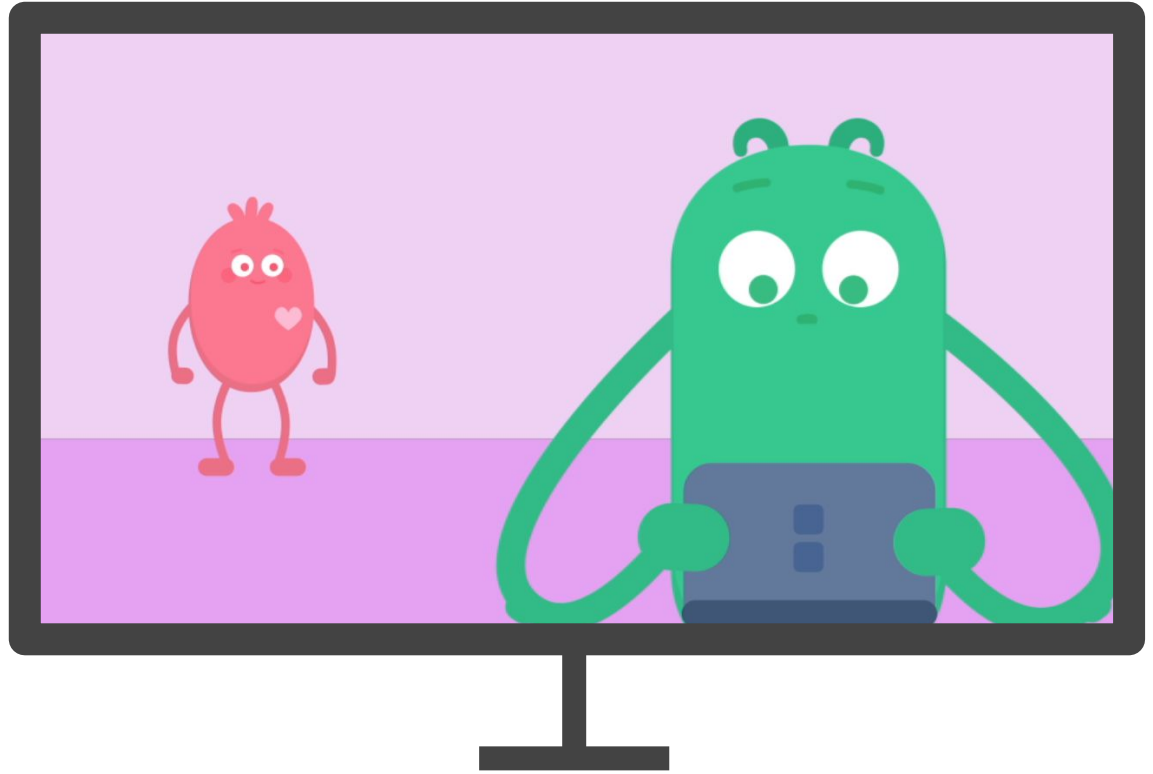
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Why should you  
take a  
break from  
your device  
when a friend  
says "hi"?

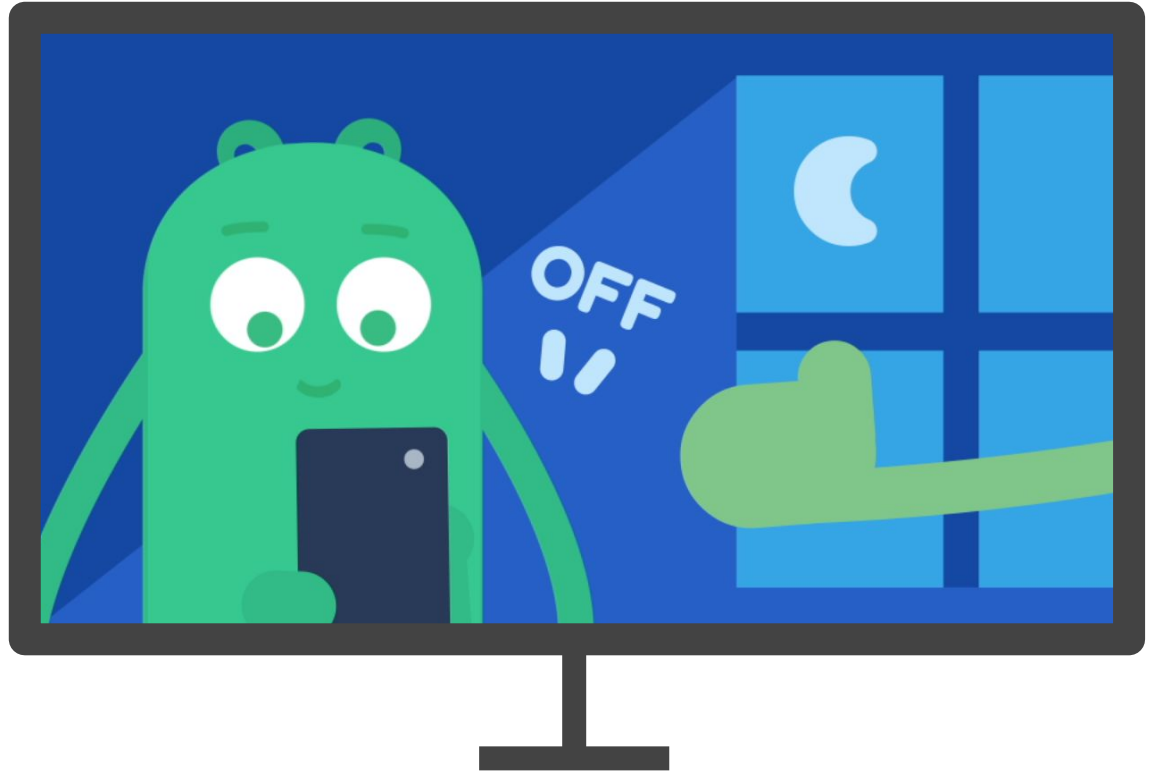




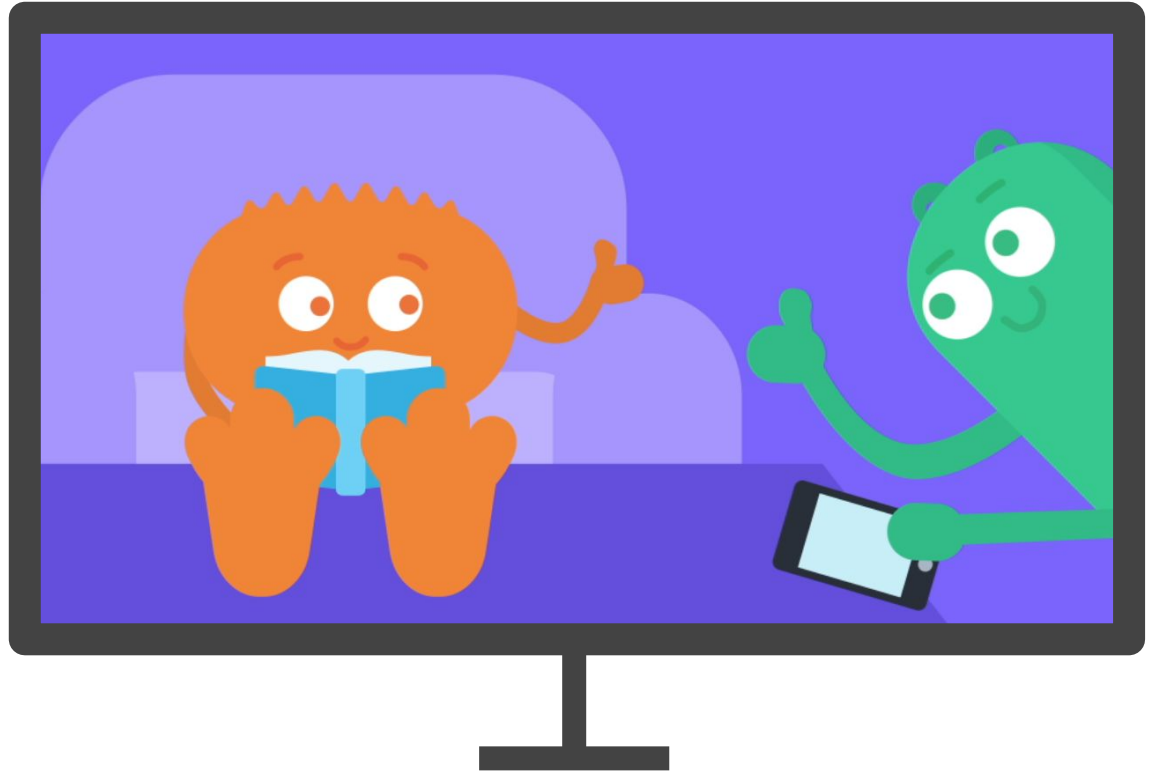
Why should  
you invite your  
friend to play  
when they are  
all alone?



Why is it a good idea to turn off your device before going to bed?



Why should you  
ask permission  
before taking  
someone's  
device?



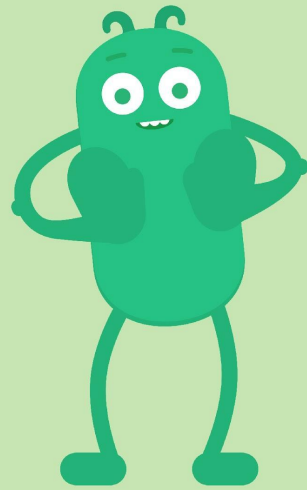


MEDIA BALANCE & WELL-BEING

We find balance  
in our digital lives.

DIGITAL CITIZENSHIP | GRADE K

# Pause for People



PAUSE

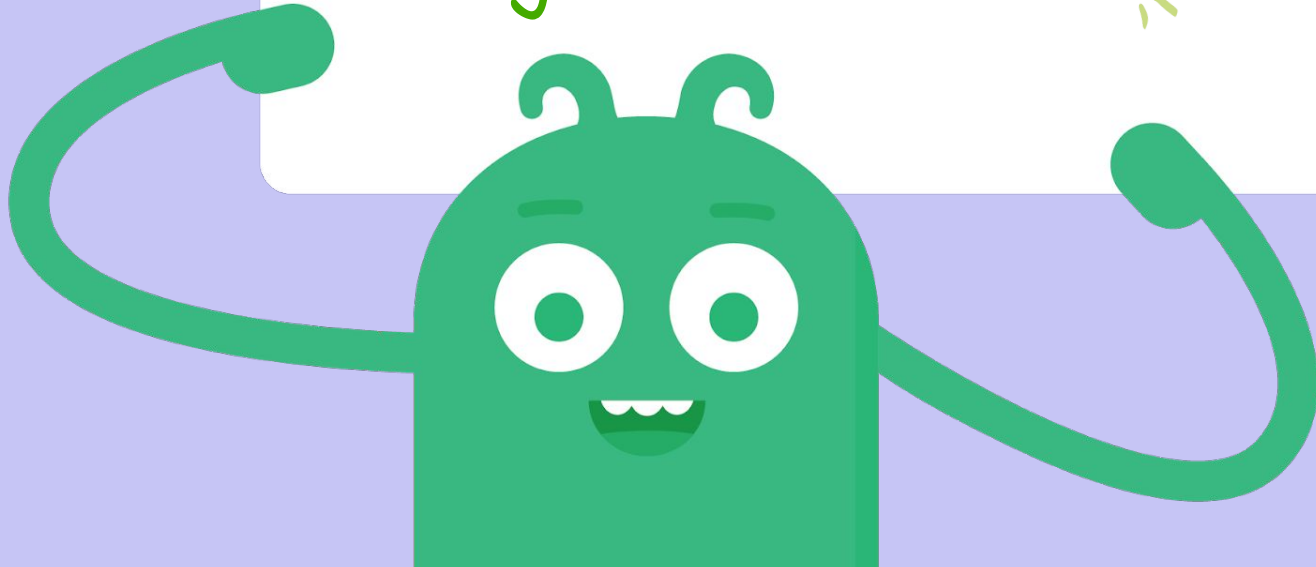


BREATHE



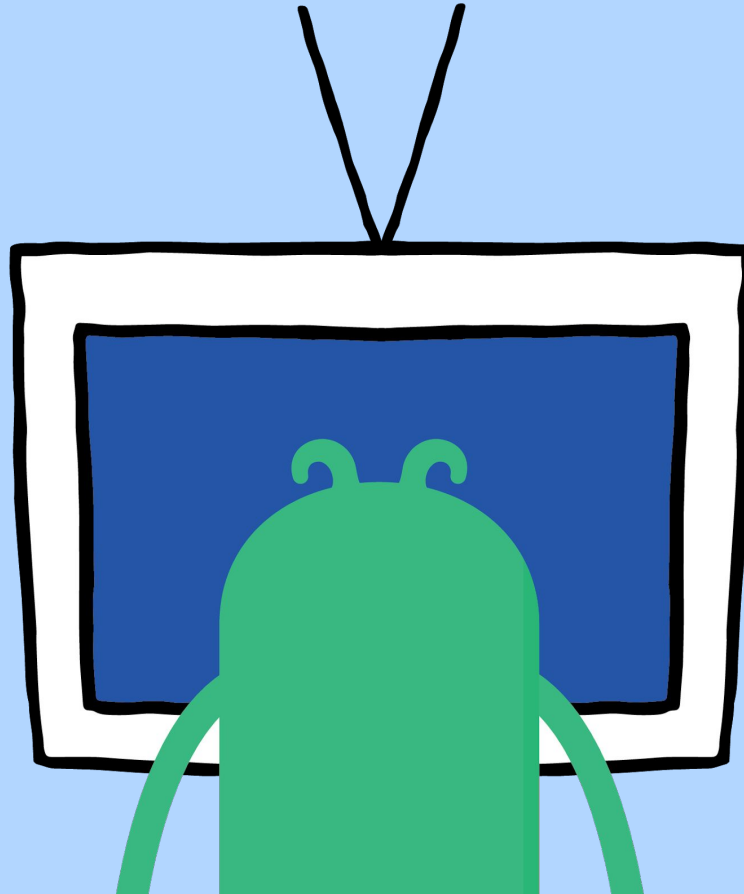
FINISH UP!

How do you say  
goodbye to technology when  
you don't want to?





WARM UP



Time's up!



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# Frustrated

Feeling annoyed

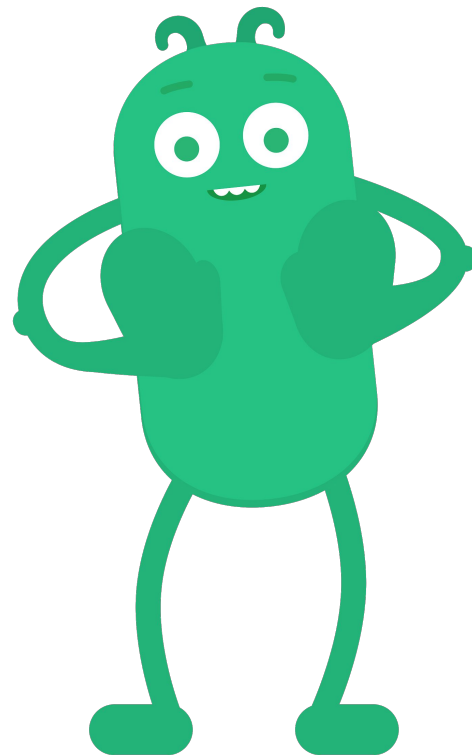




# Pause



To stop what you're doing or saying







WATCH



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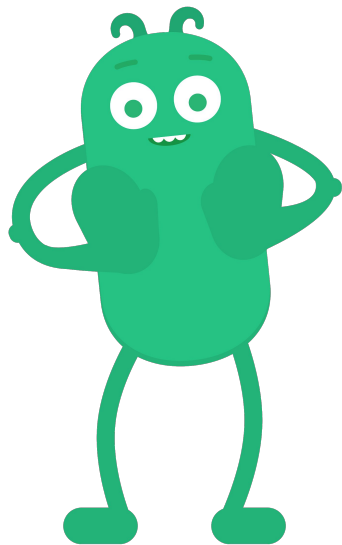
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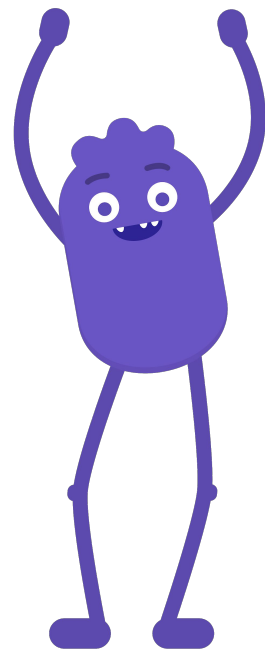
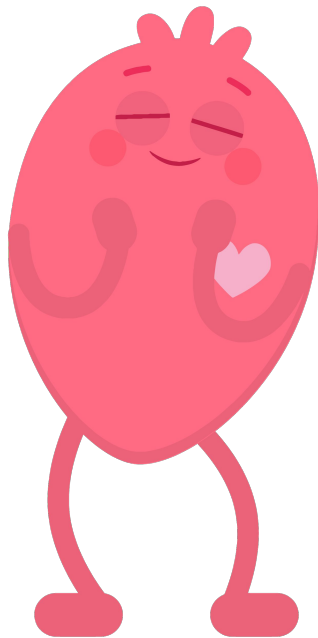


CHANT

# Breathe!



# Pause!



# Finish up!



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PRIVACY & SECURITY

We care about  
everyone's privacy.

DIGITAL CITIZENSHIP | GRADE K

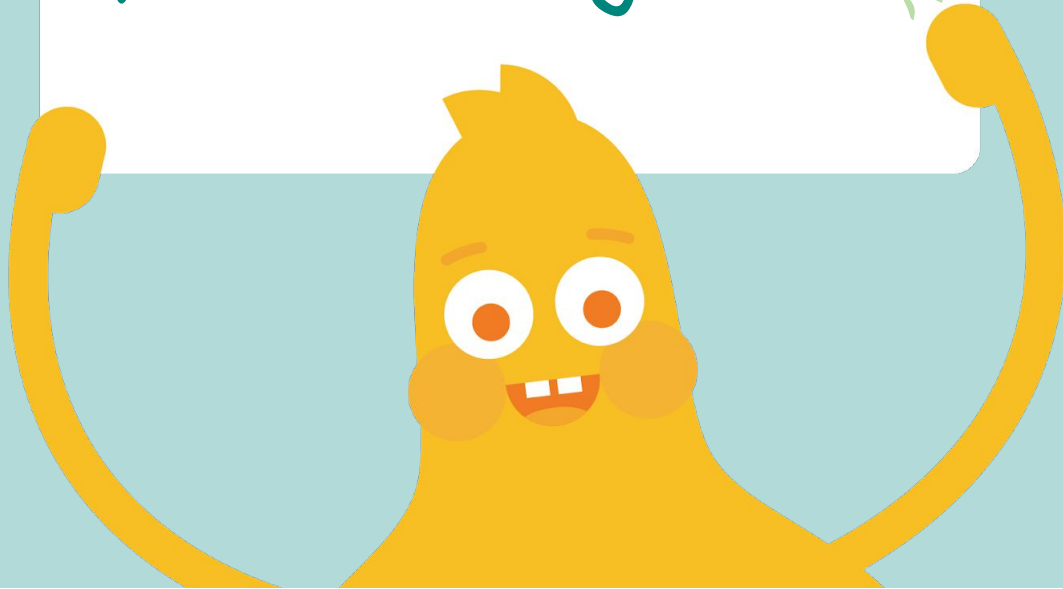
# Safety in My Online Neighborhood

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EXPLORE  
SAFELY  
ONLINE

How do you go  
places safely online?





WARM UP



What do you need to do to stay safe  
when you visit virtual places?



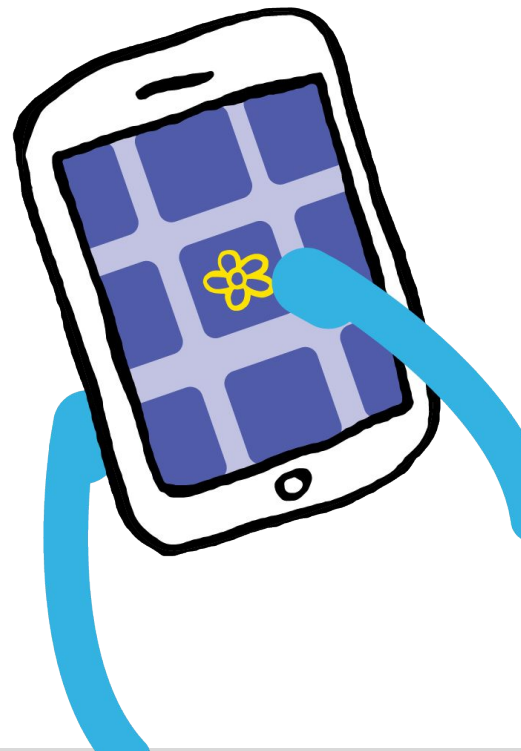
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# Online

Using a computer, phone, or tablet to visit a website or app





# Website

A place you can visit on the internet





WATCH



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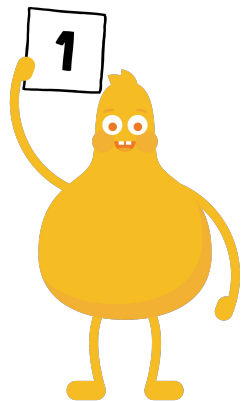
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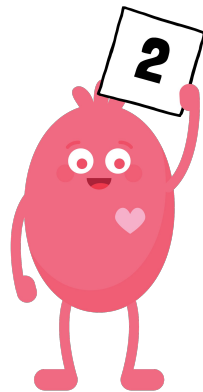




## 3 RULES



Always ask your  
parent (or teacher) first



Only talk to  
people you know



Stick to places that  
are just right for you

# Kindergarten Digital Citizenship

## Media Balance



## Pausing for People



## Safety in Your Online Neighborhood

